



Park District
of Forest Park
Stay Close, Go Far

November & December 2024 Leaflet



General Information

Park Board Meetings

The Park District of Forest Park Board of Commissioners meets the 3rd Thursday of each month. The meetings are held at 6:00pm in the Admin. Building. Meetings are broadcast via Teams.

Photograph Policy

Photographs are occasionally taken during Park District of Forest Park classes, events, and leagues. Please be aware that these photos are for park district use only and may be used for promotional purposes.

If your picture has been taken and you wish that it not be used, please contact us at hr@pdofp.org!

Special Thanks

The Park District of Forest Park acknowledges the cooperative efforts shown by the Village of Forest Park, the Forest Park Public Library, and Forest Park School District 91, in contributing to recreation efforts. Your cooperation is greatly appreciated!

Table of Contents

- Pg. 1: Park Info, Staff, Board
- Pg. 2: Special Events
- Pg. 3-5: Youth & Tot Programming
- Pg. 6: Camps, **Special Announcements**
- Pg. 7: Teen & Adult Programming
- Pg. 8: Active Adults
- Pg. 9-10: Sports & Fitness
- Pg. 11: Forest Park Public Library
- Pg. 12: Roos Recreation Center
- Pg. 13: Rentals, Parking, Suggestions
- Pg. 14: West Suburban Special Recreation Association



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Program Cancellation Policy

The Park district reserves the right to cancel, postpone, or combine classes and change instructors. Programs not meeting the minimum registration will be cancelled and patrons will be notified. Refunds or household credits will be issued upon request.

All efforts will be made to ensure a program or event runs. In most cases, cancellation decisions will be made within one week of the beginning of the program. All participants in cancelled classes will be notified by Park District Staff and will receive a full refund.

About Us

Our Mission

The mission of the Park District of Forest Park is to provide excellence in recreational opportunities through the park, facilities, and programs that will enhance the quality of life for its residents and guests.

WSSRA

The Park District of Forest Park is proud to be a partner agency and supporter of the West Suburban Special Recreation Association.

History

The Park District of Forest Park was established on November 14, 1934. The park district campus provides a variety of activities for all ages and houses unique indoor and outdoor facilities including the Roos Rec Center, Mohr Skate Park, 2 softball fields, 6 tennis courts, inline skating rink, bocce ball courts, a sand volleyball pit, 2 playgrounds, the PDoFP Aquatic Center, outdoor fitness court, 4 pocket parks and more!

Park District Youth License Plates

Park districts in Illinois have been providing vital youth programs for many years. Park and recreation agencies step in to fill the gap for children and working parents during beyond school hours.

The sale and subsequent renewal of each plate generates \$25 specifically for the PowerPlay! Beyond School Grant Program. These funds help youth programs in park and recreation agencies throughout Illinois.

The Park District of Forest Park is a proud recipient of the PowerPlay! Grant



Board of Commissioners

- Timothy Gillian - President
- Kristen Lyons - Vice President
- John Doss - Commissioner
- Cathleen McDermott - Commissioner
- Roy Sansone - Commissioner

Park District Staff

- Jackie Iovinelli - Executive Director
- Andrew Doss - Supt. of Buildings & Parks
- Danette Krajewski - Supt. of Recreation
- Jeff Murphy - Supt. of Business
- Adam Cumbee - Comm. & Marketing Mgr.
- Karrie Schlichting - Facilities Coordinator
- Ryan Vilanova - Recreation Supervisor
- Dominique Mazzulla - Recreation Supervisor

Special Events

Paint Party with Candace: Jolly Ornament Creations

Thursday, December 12

6:00-8:00pm

2nd Floor Admin. Building

\$20 per person

Join Candace for a fun & festive family event where everyone can paint & personalize three unique ornaments!

Add your own personal touch to this holiday season decor.

Learn more, or register at <https://bit.ly/HolidayPaintParty2024>



Holly Jolly Home Decorating Contest

'Tis the season to make the holidays extra merry & bright.

Show off those decorating skills in this free contest!

Photographs will be taken on Dec. 12, and judging will be open from Dec. 13-16. There will be prizes awarded to Best in Show & People's Choice, and a map of all of the entrants will be provided to go and check out all of the decorations on your own!

Learn more, or register at <https://bit.ly/HomeDecor2024>

Breakfast with Santa

Saturday, December 14

9:30-10:30am

3rd Floor Admin. Building

R:\$12/NR:\$15

Santa is back for another delicious pancake breakfast here at the PDoFP! In addition to breakfast, enjoy games, coloring, and crafts, and take your own photo with the man himself!

Learn more, or register at <https://bit.ly/BfastWSanta2024>



Hosted by The Chicago Trivia Guys

Holiday Movie Trivia Night

Tuesday, December 17

6:15-8:30pm

3rd Floor Admin. Building

\$25 per team (families or groups of 4)

Join us for a festive night of holiday movie trivia & test your knowledge of well-known facts & behind-the-scenes trivia. Bring your best holiday spirit for a chance to win additional prizes!

Learn more, or register at <https://bit.ly/HolidayTrivia2024>

Youth Programming

KIDS COOKING WITH RYAN & ANDRE

Wednesdays · 6:15-8:15pm · \$12 per class · Ages 6-12 · Building 4

We've got four great kids cooking classes coming up! We're taking our taste buds on a trip across the culinary map with these three unique dishes!

Learn more or register at <https://bit.ly/KidsCooking24>

Spots are limited so register today!



Loco Moco
November 6



Chicken Fried Steak
December 4



Cuban Sandwich
December 18

FRIDAY FUN PIZZA & MOVIE NIGHT

Fridays · 6:15-8:00pm · \$13 per evening · Ages 6-12 · Building 4

Parents, whether you're looking for a night out or just a night on your own, we've got four great opportunities to drop your child off with us and we'll take care of the fun and the food while we hang out with our friends!

Learn more or register at <https://bit.ly/FriMovies24>

Spots are limited so register today!

November 8



December 6



December 20



Youth Programming



Beginning Dance

Saturdays

through November 30

1:05-1:50pm

R:\$40/NR:\$45

or \$5 Drop-in fee per class

Ages 3-6

Instructors: Sydney & Sanaa

Roos Multipurpose Room

Learn more or register at

<https://bit.ly/YouthDance2024>

Beginning Tap/Jazz/Ballet

Saturdays

through November 30

1:55-2:40pm

R:\$40/NR:\$45

or \$5 Drop-in fee per class

Ages 5-9

Instructors: Sydney & Sanaa

Roos Multipurpose Room

Learn more or register at

<https://bit.ly/YouthDance2024>



Hip Hop w/ Mr. Sidney

Tuesdays

through November 26

5:15-6:00pm

R:\$30/NR:\$40

or \$4 Drop-in fee per class

Ages 5-12

Instructor: Mr. Sidney

Roos Gym

Learn more or register at

<https://bit.ly/HipHopFall2024>

Youth Programming



Magic with Gary Kantor

Wednesday, December 11

6:45-7:40pm

\$22 per person per class

Ages 5-12

Instructor: Gary Kantor

Co-op class held at
Park District of Oak Park

Learn more or register at

<https://bit.ly/MagicCoOp2024>



Twirling with Ms. Carol

Saturdays

through November 30

1:00-2:00pm

R:\$20/NR:\$25 or

\$5 Drop-in fee

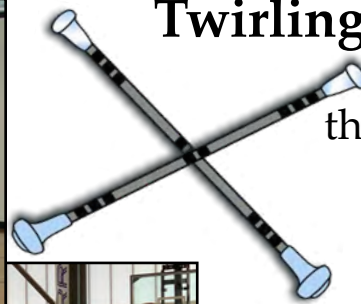
Ages 5-13

Instructor: Carol Lites

Roos Rec Center - Gym B

Learn more or register at

<https://bit.ly/BatonTwirl2024>



Tot Programming

Tot Multi Craft

Saturdays

November 2-December 21

10:00-11:00am

\$4 Drop-in fee per class

Ages 3-6

Instructor: Katrina N

Building 4

<https://bit.ly/TotCraftNovDec24>

5



Join Katrina in this crafty class for tots to explore various artforms from painting to clay creations, sparking creativity while building fine motor skills and friendships!

Black
Friday
Sale!



Park District One
of Forest Park Day
Stay Close, Go Far Only!

On Friday, Nov. 29, you can purchase your 2025 PDoFP Aquatic Center Pool Pass at 2024 rates *AND* receive a \$20 credit* toward a 1-year membership at the Roos Recreation Center.

**This credit can be applied to any 1-year Roos Membership purchased in 2025.*

Pool Pass Perks

11am early entry on Sat. & Sun.

Passholder/resident only evening swim

6 special passholder only days

No entry fee for Pool Parties or Flick n' Float

NEW PROGRAM GUIDE FOR 2025!

We're excited to announce that we will be returning to a full seasonal Program Guide beginning with the Winter/Spring season of 2025 covering January-March programming. The new guide will be released in mid-December!

The new program guide will remain digital only, although printed copies can be picked up at the Admin. Building upon request!

After School Fun Camp

Weekdays, 2:30-6:00pm

Ages 5-12

**Transportation provided from
Forest Park D91 Schools**

**Total price varies per length of session.
Cost is \$70/week and can be paid in full or
you can choose a weekly installment plan!**

Includes full & half-days of school!

Homework time · Free play · Snack time

Scan for
more info!



Thanksgiving Break Camp

Nov 25-27 · 7:30am-6:00pm

R:\$95/NR:\$105 for session · Ages 5-12

Join us for our 3-day, all-day
Thanksgiving Break Fun Camp!

Learn more or register at
<https://bit.ly/Camps2425>



Winter Break Camp

Dec. 23, 26-27, 30-31, Jan. 2-3

7:30am-6:00pm

R:\$35/NR:\$45 per day · Ages 5-12

Beat the winter blah's at Winter
Break Fun Camp! Learn more or
register at <https://bit.ly/Camps2425>

Teen Programming

Teen Cooking Class - Loaded Potato Soup

Wednesday, November 13

6:15-8:15pm

Ages 13-17

FREE

Instructors: Ryan V. & Andre S.

Admin. Building 2nd Floor Meeting Room

We're back with this tasty, filling winter favorite! Join Ryan and Andre as they team up with the FP Public Library and help cook up this thick and creamy classic. Learn more or register at <https://bit.ly/TeenCooking2024>



After Hours at the Roos

Friday, December 20

7:00-9:00pm

Ages 13-17

FREE



We're teaming up with the Forest Park Public Library to provide a fun space for your teen to create their own Friday fun with friends as we enjoy a parent-free evening filled with pizza, volleyball, kickball, dodgeball, games, crafts, and a whole lot more! There is no cost to attend, but pre-registration is required. Register today at <https://bit.ly/RoosAfterHours2024>

Adult Programming

Illinois

Secretary of State

MOBILE

DMV

Friday, March 21 · 10:00am-2:00pm

2nd Floor Admin. Building

The Illinois SOS Mobile Driver Services Unit will be at the PDoFP to assist with renewing or correcting Driver's Licenses, converting or obtaining a REAL ID, issuing free State IDs for Seniors 65 & over, purchasing license plate stickers & more. Registration is required.

Contact Karrie at 708-366-7500 between 8:00am-4:00pm to reserve your spot today!

Active Adults

Senior Mat Yoga

Focus on flexibility, body awareness, and breathing techniques at your own level through gentle Hatha Yoga exercises. Help develop stability and balance and finish off each class with a 10-minute relaxation.

Learn more or register at <https://bit.ly/SrYoga2024>



Tuesdays through November 19

10:00-11:00am

Ages 18+

\$40 for session or \$8 Drop-in fee

Instructor: Diana Coates

3rd Floor Admin. Building

Virtual Chair Yoga

Perform Hatha Yoga poses while seated in this adaptable online class that promotes stability and balance through a variety of seated and chair-assisted poses.

A link will be sent out before class begins.

Learn more or register at <https://bit.ly/SrYoga2024>

Thursdays through November 21

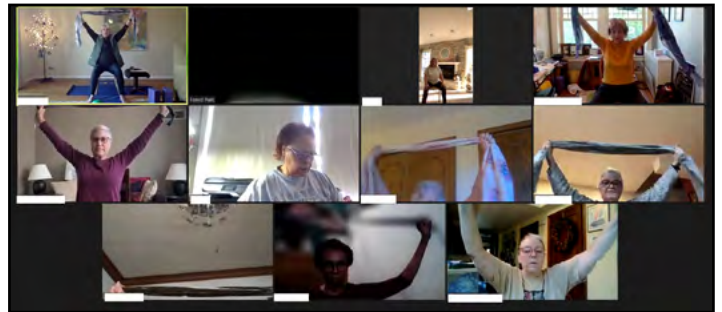
10:00-11:00am

Ages 18+

\$40 for session or \$7 Drop-in fee

Instructor: Diana Coates

Class taken online via Zoom



Zumba Gold

Wednesdays through Dec. 18

10:30-11:30am, Ages 18+

FREE in partnership with
Rush Oak Park Hospital.

Roos Recreation Center Gym

Join us for a dance-based fitness class w/ chair-based moves as well as some moving and grooving standing up.

Learn more or register at
<https://bit.ly/Zumba2024>



Sports & Fitness

Drop-In Volleyball

Tuesdays through Dec. 17

7:00-9:00pm

Ages 14+

\$9 drop-in fee

Roos Recreation Center Gym

Learn more or register at <https://bit.ly/DropInVball24>



Drop-In Pickleball

Mondays

November 4-December 16

6:00-8:00pm

Ages 18+

\$5 Drop-in fee

Roos Recreation Center Gym

Learn more or register at <https://bit.ly/DropInPickleball24>

Youth Multi Sport Class

Thursdays

November 7-December 19

6:00-8:00pm

\$5 Drop-in fee per class

Ages 8-14

Roos Rec Center

Learn more or register at

<https://bit.ly/MultiSport2024>

Sport Schedule:

11/17: Wiffle Ball

11/14: Kickball

11/21: Dodgeball

12/5: Flag Football

12/12: Spikeball

12/19: Volleyball



You're Invited!

Monday, November 11 at 11:00am

The Park District of Forest Park is proud to be hosting a Veteran's Day Ceremony at the new Remembrance Park.

There will be a rededication & blessing of the Remembrance Park Memorials and we will conclude the event with the soft opening of Remembrance Park!



You're Invited!

Join us on Friday, November 15 from 6:30-9:30pm at the Admin. Building as we celebrate 90 years of the Park District of Forest Park.

Live Music · Open House · Refreshments
Speeches & a toast will take place at 8:00pm



Sports & Fitness

Zumba

Sundays through Dec. 24

10:15-11:00am,

Ages 15+

\$5 drop-in Fee per class

Instructor: Kenya Madison-Gabler

Roos Multipurpose Room

It's also FREE for Roos members. <https://bit.ly/Zumba2024>



Commit Dance Fitness

Saturdays through December 14

10:45-11:45am

Ages 16+

\$5 Drop-in fee per class

Instructor: Kenya Madison-Gabler

Roos Multipurpose Room

It's also FREE for Roos members. <https://bit.ly/CommitDanceFit2024>

Pilates

Mondays & Wednesdays through November 20

5:30-6:30pm

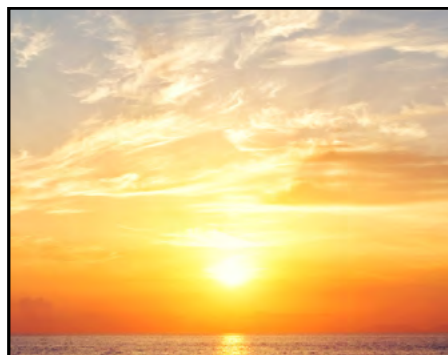
Ages 16+

R:\$120/NR:\$130

Instructor: Laura Dolly

3rd Floor Admin. Building

Learn more or register at <https://bit.ly/FallPilates2024>



Sunrise Express Flow Yoga

Tuesdays & Thursdays through December 14

6:00-6:45am

Ages 16+

R:\$180/NR:\$200 or \$8 Drop-in fee per class

Instructor: Jackie Hines

Roos Multipurpose Room

It's also FREE for Roos members. <https://bit.ly/SunriseFlowYoga24>



Forest Park Public Library

Teen Programming

Celia's Art Corner: Polymer Clay Charms

Saturday, November 9 at 2pm

Sculpt and bake polymer clay into charms for earrings, keychains or necklaces.

International Snacks with Universal Yums

Saturday, November 16 at 2pm and Saturday, December 14 at 2pm

Come hang out in the YA Lounge and try international snacks with a box from Universal Yums! We will learn about other countries while trying the unique snacks and treats. Try something new and maybe even find a new favorite!

Peyote Stitch with Noelle Garcia

Saturday, November 23 at 1pm

Based in the Chicago area, Noelle Garcia is an artist and educator who focuses on themes of identity, family history and recovered narratives in her work. She is an indigenous artist from the Klamath and Paiute tribes. Noelle will lead a workshop on the Indigenous art form of the tubular Peyote stitch. Each attendee will learn how to make a unique bengal bracelet.

Tarot 101

Saturday, December 7 at 2pm

With seventy-eight cards and a whole bunch of seemingly hard-to-understand symbols, learning to read Tarot might feel overwhelming! But, here's the secret: if you can tell a story, you can read the cards. In this workshop we'll learn the basics to help you form your own relationship with Tarot and you'll be reading for yourself and others in no time. Bring your questions!

Celia's Art Corner: Resin Pendants

Saturday, December 21 at 2pm

Make and decorate your own earrings, necklaces, and keychains with UV resin. Perfect for gifts, or a unique statement piece all your own.

More information and links to register for these awesome programs can be found at <https://fppl.evanced.info/signup/Calendar>

Roos Recreation Center

For an up-to-date facility schedule, as well as membership information, scan the QR code and visit our website!



Roos Recreation Center Membership Rates for 2024

Membership Type	Price
Resident Veteran	\$0.00
Resident Annual	\$ 199.00
Non-Resident Annual	\$ 290.00
Adult Resident Monthly	\$ 26.00
Adult Non-Res Monthly	\$ 36.00
Student Resident Annual	\$ 176.00
Student Non- Res Annual	\$ 241.00
Student Resident Monthly	\$ 22.00
Student Non-Res Monthly	\$ 34.00
Senior Resident Annual	\$ 121.00
Senior Non-Res Annual	\$ 176.00
Senior Resident Monthly	\$ 12.00
Senior Non-Res Monthly	\$ 22.00
Corporate Annual	\$ 242.00
Corporate Monthly	\$ 32.00

Roos Daily Hours

Monday-Friday

5:00am-8:00pm

Saturday

6:00am-6:00pm

Sunday

7:00am-5:00pm



Visit the Roos website at <https://bit.ly/RoosRecreationCenter>



Have any fun programming ideas you think we should look into? Would you like to teach a class that we don't currently offer?

We want to hear from YOU!

If you have any fun ideas you'd like to pass along, feel free to send us an e-mail at hr@pdofp.org!

Facility Rentals

We've got some great indoor and outdoor rental space available for your fun or party needs! Banquet rooms, tennis courts, fields and more! See pricing and facility information at

<https://bit.ly/PDoFPRentals>

Questions? Give us a call at 708-366-7500 or e-mail kschlichting@pdofpstaff.org

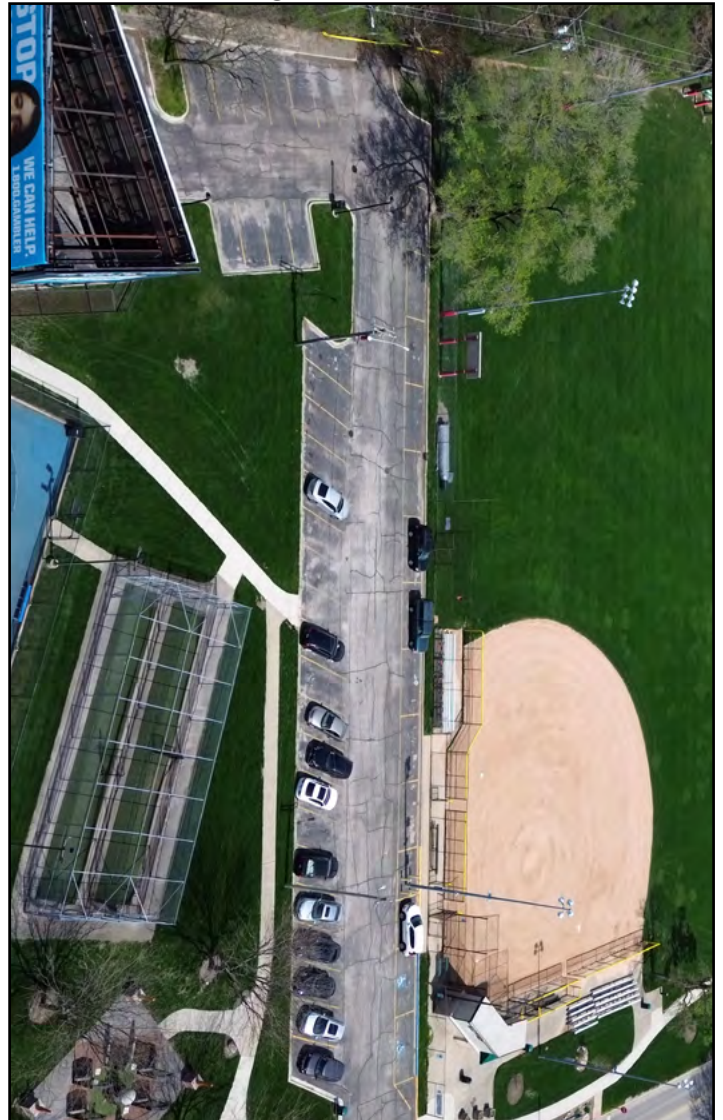
Lathrop Lot Parking

Did you know we offer Day & Night Permit Parking in our Lathrop Parking Lot? (pictured below)

There are two types of stickers and three options: Daytime (\$90), Nighttime (\$90), and both (\$135).

Parking passes are sold quarterly, and the next quarter runs April-June.

Passes must be purchased in-person at the Admin. Building. (7501 Harrison St.)



Find more information on all current and upcoming Park District of Forest Park programs & events and create your account(s) at <https://bit.ly/AmiliaPDoFP>



WSSRA



Spread the fun

ENRICHING LIVES THROUGH RECREATION

As an extension of the **PARK DISTRICT OF FOREST PARK**, **WSSRA** offers recreational programs for individuals with disabilities of all ages and ability levels who reside in our community.

Programs offered include fitness, art, camps, Special Olympics, social activities, swimming, and excursions.

Participants in WSSRA programs develop skills, make friends, boost self-confidence, explore new places, and have fun.

WSSRA also has a Lekotek family-based toy lending and play program available.

Register for WSSRA's seasonal programs at

WSSRA.NET



IMAGINARIUM SENSORY ROOM

Located at the **GEORGE A. LEONI COMPLEX**:
800 N. 17th Ave., Melrose Park, IL



The Imaginarium Sensory Room is a place for children with special needs to enjoy a multi-sensory experience in a calm and relaxing environment.

Schedule your Private Play Session at WSSRA.Net

Now Hiring Seasonal Positions!

Hiring starting at age 15!



If you are energetic, creative, passionate and want to make a difference in your career path and the lives of others, you are a great fit for our **TEAM!**

Scan Here to Apply



West Suburban Special Recreation Association
2915 Maple Street Franklin Park, IL 60131
(847) 455-2100 • wssra.net



Take Time for Fun at the Park District of Forest Park!

Stay up-to-date on all PDoFP programs, events, and news by following us on Social Media or visiting our website!



@PDoFP



@PDForestPark



@PDForestPark



@RoosRecCenter



@FPAquaticCenter

www.PDoFP.org

Admin. Building: 708-366-7500

Roos Rec Center: 708-866-7667



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