



Park District  
of Forest Park  
*Stay Close, Go Far*

# September & October 2024 Leaflet



Fall Fest 2024 · Sept. 7, 2:00-7:00pm  
See more on Page 2

## General Information

### Park Board Meetings

The Park District of Forest Park Board of Commissioners meets the 3rd Thursday of each month. The meetings are held at 6:00pm in the Admin. Building. Meetings are broadcast via Teams.

### Photograph Policy

Photographs are occasionally taken during Park District of Forest Park classes, events, and leagues. Please be aware that these photos are for park district use only and may be used for promotional purposes.

If your picture has been taken and you wish that it not be used, please contact us at [hr@pdofp.org](mailto:hr@pdofp.org)!

### Special Thanks

The Park District of Forest Park acknowledges the cooperative efforts shown by the Village of Forest Park, the Forest Park Public Library, and Forest Park School District 91, in contributing to recreation efforts. Your cooperation is greatly appreciated!

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**Park District of Forest Park**  
*Stay Close, Go Far*

### Program Cancellation Policy

The Park district reserves the right to cancel, postpone, or combine classes and change instructors. Programs not meeting the minimum registration will be cancelled and patrons will be notified. Refunds or household credits will be issued upon request.

All efforts will be made to ensure a program or event runs. In most cases, cancellation decisions will be made within one week of the beginning of the program. All participants in cancelled classes will be notified by Park District Staff and will receive a full refund.

## About Us

### Our Mission

The mission of the Park District of Forest Park is to provide excellence in recreational opportunities through the park, facilities, and programs that will enhance the quality of life for its residents and guests.

### WSSRA

The Park District of Forest Park is proud to be a partner agency and supporter of the West Suburban Special Recreation Association.

### History

The Park District of Forest Park was established on November 14, 1934. The park district campus provides a variety of activities for all ages and houses unique indoor and outdoor facilities including the Roos Rec Center, Mohr Skate Park, 2 softball fields, 6 tennis courts, inline skating rink, bocce ball courts, a sand volleyball pit, 2 playgrounds, the PDoFP Aquatic Center, outdoor fitness court, 4 pocket parks and more!

## Park District Youth License Plates

Park districts in Illinois have been providing vital youth programs for many years. Park and recreation agencies step in to fill the gap for children and working parents during beyond school hours.

The sale and subsequent renewal of each plate generates \$25 specifically for the PowerPlay! Beyond School Grant Program. These funds help youth programs in park and recreation agencies throughout Illinois. *The Park District of Forest Park is a proud recipient of the PowerPlay! Grant*



## Board of Commissioners

- Timothy Gillian - President
- Kristen Lyons - Vice President
- John Doss - Commissioner
- Cathleen McDermott - Commissioner
- Roy Sansone - Commissioner

## Park District Staff

- Jackie Iovinelli - Executive Director
- Andrew Doss - Supt. of Buildings & Parks
- Danette Krajewski - Supt. of Recreation
- Jeff Murphy - Supt. of Business
- Adam Cumbee - Comm. & Marketing Mgr.
- Karrie Schlichting - Facilities Coordinator
- Ryan Vilanova - Recreation Supervisor
- Dominique Mazzulla - Recreation Supervisor

# Special Events

## Fall Fest

Saturday, September 7 · 2:00-7:00pm

Save the date and get ready for another great Fall Fest at the Park District of Forest Park! Enjoy live entertainment and local vendors that'll appease your appetites for food & fun!

### *Vendors Include:*

#### **Food/Drink Options:**

Candycopla, Cactus Grill, Fitzgeralds/Babygold BBQ, Golden Steer, Jilly's Jerky, McGaffers, Mixhe Hotmix, Shanahans, Scratch Public House, Smokey Joel's Red Hots, Tony's Candy

#### **Artisans:**

Andre Dobbs Jewelry, Beauty n' Motion, Choose Happy, Craftiejo Creations, Dima Jewely, Karen Childs Handmade Crafts, Lorraine Johnson Clothing, Model Esteem, Personal Llements, Scents by DMW, Sharon Kluge Painting & Magnets, Spread the Love, Zebediah Potter House plants, TeeTee Sweets

#### **Organizations:**

Boy Scouts, Celsius, Michelle Melin-Rogovin, Cub Scouts, FP Historical Society, FP PTO, FP Public Library



### *Live Music Schedule*

Rosie & the Rivets

2:00-3:00pm

The Mackenzie O'Brien Band

3:30-5:00pm

Serendipity

5:30-7:00pm

## Family Camp Out

Saturday, September 21 at 5:00pm

through Sunday, September 22 at 9:00am

R:\$50/NR:\$60 per family

(up to 6 participants per registration)

*Adults must accompany children*

Air out the tents & gather up the family and friends for another great night at Camp PDoFP!

Due to the Softball Field Construction Project, this year's Camp Site has been moved to the

Admin. Building Front Lawn!

Fee includes: a chuckwagon dinner with hot dogs and beans, a campfire for roasting marshmallows, Hip Hop with Mr. Sidney, spooky story time with the FPPL, and a late night movie!

Learn more at <https://bit.ly/FamCampout2024>





# Special Events



## Wickedly Spooky Home Decorating Contest

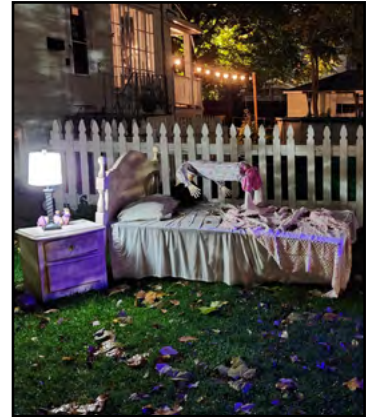
Join us for a spooktacular time and out-boo your neighbors in this free home decorating competition!

Two photos will be taken (Day & Night) Oct. 24 and then judging runs from Oct. 26-28 in person and on Facebook.

There will be Best in Show & People's Choice winners with prize baskets awarded to both!

Get ready for a scary good time!

Learn more, or register at <https://bit.ly/SpookyHomeDecor2024>



WhOoOoOoOoOoOo



## Halloween Trivia Night

Friday, October 18

6:30-8:30pm

2nd Floor Admin. Building

\$25 per team (families or groups of 4)

Dress up as your favorite spooky character for extra points & a chance to win additional prizes!

Hosted by The Chicago Trivia Guys

Learn more, or register at <https://bit.ly/HalloweenTrivia2024>

## Witch Hat Spooktacular Paint Party

Thursday, October 24

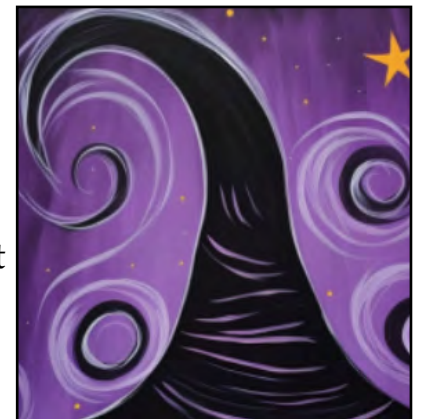
6:00-8:00pm

3rd Floor Admin. Building

\$20 per person

Painting with Candace is back with this Halloween themed art class that sends all participants home with their own 8"x10" whimsical with hat paintings! All supplies are included!

Learn more, or register at <https://bit.ly/WitchHatPaintParty>



## Trunk or Treat

Saturday, October 26

11:00am-1:00pm

Parking lot behind the Roos

FREE

Transform the trunk of your car into a Halloween candy paradise at Trunk or Treat! If you'd like to register your vehicle to hand out candy, visit <https://bit.ly/TrunkOrTreat2024>

*Trick or treaters don't have to register, just show up ready for candy!*

# Youth Programming



## Magic with Gary Kantor

Monday, September 23

6:45-7:40pm

Thursday, October 17

5:00-5:55pm

\$22 per person per class

Ages 5-12

Instructor: Gary Kantor

Co-op class held at  
Park District of Oak Park

Learn more or register at

<https://bit.ly/MagicCoOp2024>



## Skateboarding with Tavi

Saturdays & Sundays through September 22

10:00-11:00am

R:\$40/NR:\$45

Ages 8-10

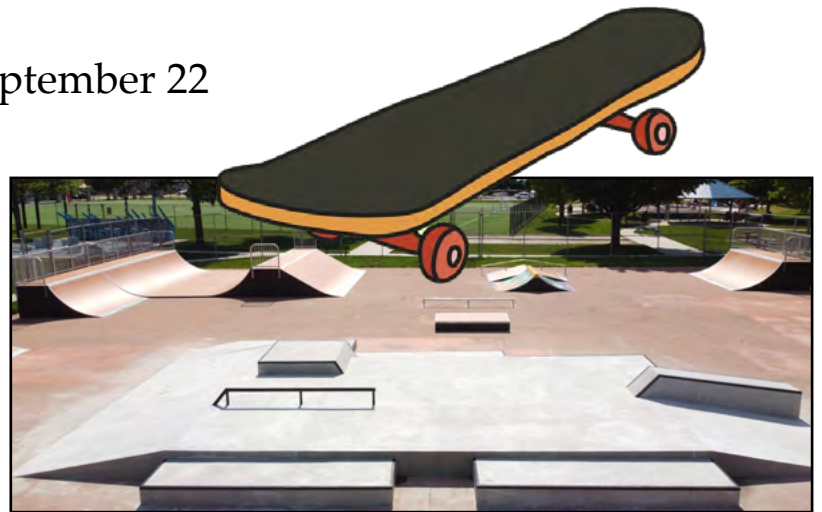
Instructor: Tavi C.

PDoFP Skate Park

Skateboard & Helmet required

Learn more or register at

<https://bit.ly/Skateboarding2024>



## Twirling with Ms. Carol

Saturdays

September 14-October 19

1:00-2:00pm

R:\$20/NR:\$25 or

\$5 Drop-in fee

Ages 5-13

Instructor: Carol Lites

Roos Rec Center - Gym B

Learn more or register at

<https://bit.ly/BatonTwirl2024>



# Youth Programming



## Beginning Dance

Saturdays

September 14-November 23

1:05-1:50pm

R:\$40/NR:\$45

or \$5 Drop-in fee per class

Ages 3-6

Instructors: Sydney & Sanaa

Roos Multipurpose Room

Learn more or register at

<https://bit.ly/YouthDance2024>

## Beginning Tap/Jazz/Ballet

Saturdays

September 14-November 23

1:55-2:40pm

R:\$40/NR:\$45

or \$5 Drop-in fee per class

Ages 5-9

Instructors: Sydney & Sanaa

Roos Multipurpose Room

Learn more or register at

<https://bit.ly/YouthDance2024>



## Hip Hop w/ Mr. Sidney

Tuesdays

September 10-November 26

5:15-6:00pm

R:\$30/NR:\$40

or \$4 Drop-in fee per class

Ages 5-12

Instructor: Mr. Sidney

Roos Gym

Learn more or register at

<https://bit.ly/HipHopFall2024>

# Youth Programming

## **KIDS COOKING WITH RYAN & ANDRE**

Wednesdays · 6:15-8:15pm · \$12 per class · Ages 6-12 · Building 4

We've got four great kids cooking classes coming up! We're taking our taste buds on a trip across the country to both coasts, the south, & the midwest!

Learn more or register at <https://bit.ly/KidsCooking24>

Spots are limited so register today!



Seattle Hot Dog  
September 4



Biscuits & Gravy  
September 18



Cincinnati Chili  
October 2



Chopped Cheese  
October 16

## **FRIDAY FUN PIZZA & MOVIE NIGHT**

Fridays · 6:15-8:00pm · \$13 per evening · Ages 6-12 · Building 4

Parents, whether you're looking for a night out or just a night on your own, we've got four great opportunities to drop your child off with us and we'll take care of the fun and the food while we hang out with our friends!

Learn more or register at <https://bit.ly/FriMovies24>

Spots are limited so register today!

September 6



September 27



October 11



October 25



# After School Fun Camp

Weekdays, 2:30-6:00pm  
Ages 5-12

Transportation provided from  
Forest Park D91 Schools

Total price varies per length of session.  
Cost is \$70/week and can be paid in full or  
you can choose a weekly installment plan!  
Includes full & half-days of school!  
Homework time · Free play · Snack time

Scan for  
more info!



## Tot Programming

### Tiny Tots Dance & Tumbling

Saturdays

September 14-November 23

12:30-1:00pm

R:\$30/NR:\$35 or

\$5 Drop-in fee per class

Ages 2-4

Instructors: Sydney & Sanaa

Roos Multipurpose Room

Learn more or register at

<https://bit.ly/TotMovement2024>



### Tot Multi Craft

Wednesdays

September 11-October 30

10:00-11:00am

\$4 Drop-in fee per class

Ages 3-6

Instructor: Katrina N

Building 4

<https://bit.ly/TotMultiCraft2024>

#### *Craft Schedule*

9/11: Contact Paper Sunscratcher

9/18: Colored Pasta Jewelry

9/25: Egg Carton Turtles

10/2: Paper Bag Puppets

10/9: Fire Breathing Dragon Craft

10/16: Pipe Cleaner Finger Puppets

10/23: Rainbow Cloud Paper Chain

10/30: Process Art Paint Exploration



# Teen Programming

## Teen Cooking Class - Orange Chicken

Wednesday, September 25

6:15-8:15pm

Ages 13-17

FREE

Instructors: Ryan V. & Andre S.

Admin. Building 2nd Floor Meeting Room

Orange you glad we're making this classic?! Join Ryan and Andre as they team up with the FP Public Library and help cook up this fragrant classic.

Learn more or register at <https://bit.ly/TeenCooking2024>



## After Hours at the Roos

Friday, October 18

7:00-9:00pm

Ages 13-17

FREE



We're teaming up with the Forest Park Public Library to provide a fun space for your teen to create their own Friday fun with friends as we enjoy a parent-free evening filled with pizza, volleyball, kickball, dodgeball, games, crafts, and a whole lot more! There is no cost to attend, but pre-registration is required. Register today at <https://bit.ly/RoosAfterHours2024>

# Adult Programming

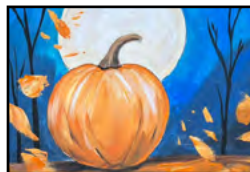
## Paint Party with Candace

Wednesday, September 11

6:00-8:00pm

2nd Floor Admin. Building

\$35 per person



Dive into the seasons colors as you create charming pumpkin & leaf designs on a 16"x20" canvas! All supplies are included!

Learn more, or register at

<https://bit.ly/FallPaintParty2024>

## Drury Lane: The Audience

We have a limited number of FREE tickets available to Drury Lane

Theatre's September 7 and September 13 performances.

Each person must register and tickets must be picked up from the park within 72 hours. Learn more at

<https://bit.ly/DruryAudience>

# Active Adults

## Senior Mat Yoga

Focus on flexibility, body awareness, and breathing techniques at your own level through gentle Hatha Yoga exercises. Help develop stability and balance and finish off each class with a 10-minute relaxation.

Learn more or register at <https://bit.ly/SrYoga2024>

Session 1	Session 2
Tuesdays, September 3-October 8	Tuesdays, October 15-November 19
10:00-11:00am	10:00-11:00am
Ages 18+	Ages 18+
\$40 for session or \$8 Drop-in fee	\$40 for session or \$8 Drop-in fee
Instructor: Diana Coates	Instructor: Diana Coates
3rd Floor Admin. Building	3rd Floor Admin. Building



## Virtual Chair Yoga

Perform Hatha Yoga poses while seated in this adaptable online class that promotes stability and balance through a variety of seated and chair-assisted poses.

A link will be sent out before class begins.

Learn more or register at <https://bit.ly/SrYoga2024>

Session 1	Session 2
Thursdays, September 5-October 10	Thursdays, October 17-November 21
10:00-11:00am	10:00-11:00am
Ages 18+	Ages 18+
\$40 for session or \$7 Drop-in fee	\$40 for session or \$7 Drop-in fee
Instructor: Diana Coates	Instructor: Diana Coates
Class taken online via Zoom	Class taken online via Zoom



## Zumba Gold

Wednesdays through Dec. 18

10:30-11:30am, Ages 18+

FREE in partnership with  
Rush Oak Park Hospital.

Roos Recreation Center Gym

Join us for a dance-based fitness class w/ chair-based moves as well as some moving and grooving standing up.

Learn more or register at  
<https://bit.ly/Zumba2024>

# Sports & Fitness

## Drop-In Volleyball

Tuesdays through Dec. 17

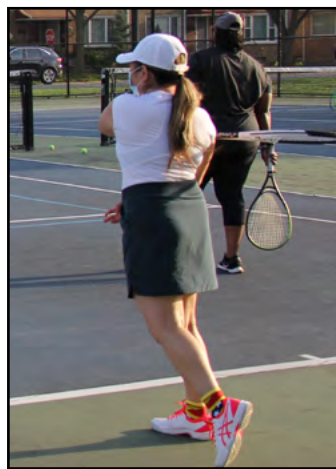
7:00-9:00pm

Ages 14+

\$9 drop-in fee

Roos Recreation Center Gym

Learn more or register at <https://bit.ly/DropInVball24>



## Intermediate/Adv. Tennis

Thursdays, September 12-October 17

5:00-7:00pm

Ages 18+

R:\$120/NR:\$130

Instructor: Coach Bernard

PDoFP Tennis Courts

Learn more or register at

<https://bit.ly/IntAdvTennis2024>

## Youth Multi Sport Class

Thursdays, September 5-October 24

6:00-8:00pm

\$5 Drop-in fee per class

Ages 7-13

Roos Rec Center

Learn more or register at

<https://bit.ly/MultiSport2024>



Sport Schedule:

9/9-Basketball

9/16-Volleyball

9/23-Kickball

9/30-Spikeball

10/7-Dodgeball

10/14-Flag Football

10/21-Soccer

10/28-Free Play

Sport Schedule:

9/5-Flag Football

9/12-Soccer

9/19-Basketball

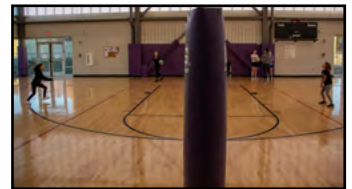
9/26-Spikeball

10/3-Kickball

10/10-Dodgeball

10/17-Floor Hockey

10/24-Kids Choice



## Adult Multi Sport Class

Mondays, September 9-October 28

6:00-8:00pm

\$5 Drop-in fee per class

Ages 16+

Roos Rec Center

Learn more or register at

<https://bit.ly/AdultMultiSport2024>

# Sports/Fitness

## Zumba

Sundays through Dec. 24

10:15-11:00am,

Ages 15+

\$5 drop-in Fee per class

Instructor: Kenya Madison-Gabler

Roos Multipurpose Room

It's also FREE for Roos members. <https://bit.ly/Zumba2024>



## Commit Dance Fitness

Saturdays, September 14-December 14

10:45-11:45am

Ages 16+

\$5 Drop-in fee per class

Instructor: Kenya Madison-Gabler

Roos Multipurpose Room

It's also FREE for Roos members. <https://bit.ly/CommitDanceFit2024>

## Pilates

Mondays & Wednesdays, September 9-November 20

5:30-6:30pm

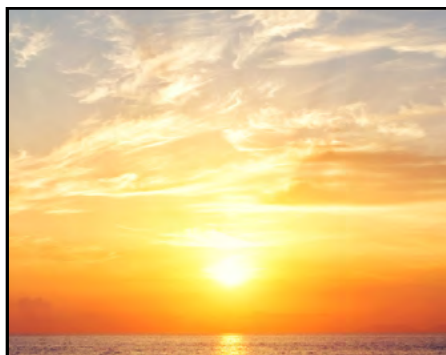
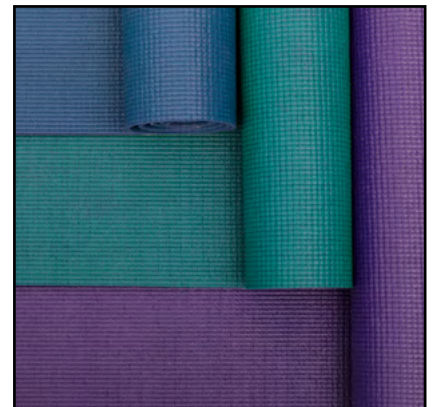
Ages 16+

R:\$120/NR:\$130

Instructor: Laura Dolly

3rd Floor Admin. Building

Learn more or register at <https://bit.ly/Zumba2024>



## Sunrise Express Flow Yoga

Tuesdays & Thursdays, September 14-December 14

6:00-6:45am

Ages 16+

R:\$180/NR:\$200 or \$8 Drop-in fee per class

Instructor: Jackie Hines

Roos Multipurpose Room

It's also FREE for Roos members. <https://bit.ly/SunriseFlowYoga24>

The logo features a stylized sunburst or fan shape composed of several triangular segments in various colors: orange, yellow, green, blue, and purple. The text "Forest Park Public Library" is written in a white, outlined, serif font across the top of the sunburst, and "Teen Programming" is written in a similar white, outlined, serif font across the bottom.

# Forest Park Public Library Teen Programming

## **Book Tasting**

Mondays, 4 PM: September 9 and October 14

Not sure what to read next? Looking to find something totally new? Come to our monthly Book Tasting! We'll speed-run you through books new, old, and new-to-you.

## **Sophomore Success: Post High School Planning for 10th Grade Families**

Thursday, September 19, 6 PM

This workshop guides families through the essential steps students can take during sophomore year to explore post-secondary pathways, optimize college admission, and find their best college fit.

## **Major Changes in Your College Search**

Tuesday, September 24, 7 PM

Join us as we partner with national college expert Heidi King to learn how these changes may impact your family and new strategies to consider to give your student the best opportunity to be admitted and maximize scholarships and financial aid.

## **International Snacks with Universal Yums**

Saturdays, 2 PM: September 21 and October 19

Come hang out in the YA Lounge and try international snacks with a box from Universal Yums! We will learn about other countries while trying the unique snacks and treats.

## **K-Pop Dance Workshop**

Saturday, October 5, 2 PM

Dance instructor Mikayla of the dance group aXis leads us through the latest K-Pop dance moves!

More information and links to register for these awesome programs can be found at <https://fppl.evanced.info/signup/Calendar>

# Roos Recreation Center

For an up-to-date facility schedule, as well as membership information, scan the QR code and visit our website!



## Roos Recreation Center Membership Rates for 2024

Membership Type	Price
Resident Veteran	\$0.00
Resident Annual	\$ 199.00
Non-Resident Annual	\$ 290.00
Adult Resident Monthly	\$ 26.00
Adult Non-Res Monthly	\$ 36.00
Student Resident Annual	\$ 176.00
Student Non- Res Annual	\$ 241.00
Student Resident Monthly	\$ 22.00
Student Non-Res Monthly	\$ 34.00
Senior Resident Annual	\$ 121.00
Senior Non-Res Annual	\$ 176.00
Senior Resident Monthly	\$ 12.00
Senior Non-Res Monthly	\$ 22.00
Corporate Annual	\$ 242.00
Corporate Monthly	\$ 32.00

### Roos Daily Hours

*Monday-Friday*  
5:00am-8:00pm

*Saturday*  
6:00am-6:00pm

*Sunday*  
7:00am-5:00pm



Visit the Roos website at <https://bit.ly/RoosRecreationCenter>



Have any fun programming ideas you think we should look into? Would you like to teach a class that we don't currently offer?

We want to hear from YOU!

If you have any fun ideas you'd like to pass along, feel free to send us an e-mail at [hr@pdofp.org](mailto:hr@pdofp.org)!

### Facility Rentals

We've got some great indoor and outdoor rental space available for your fun or party needs! Banquet rooms, tennis courts, fields and more! See pricing and facility information at

<https://bit.ly/PDoFPRentals>

Questions? Give us a call at 708-366-7500 or e-mail [kschlichting@pdofpstaff.org](mailto:kschlichting@pdofpstaff.org)

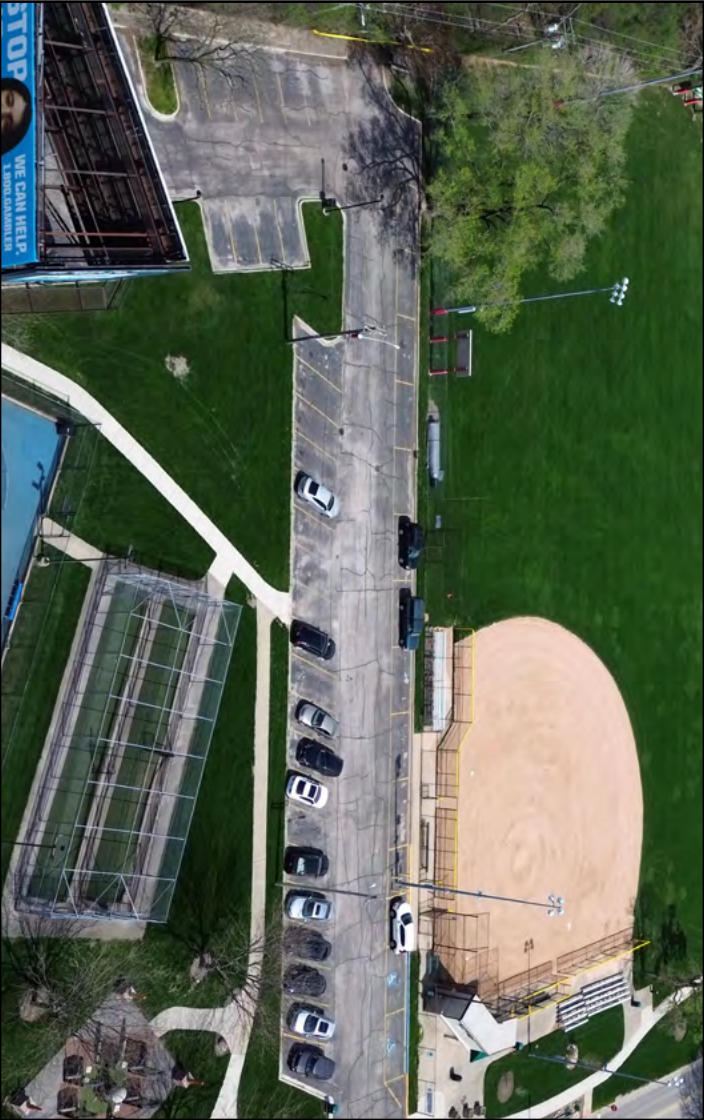
## Lathrop Lot Parking

Did you know we offer Day & Night Permit Parking in our Lathrop Parking Lot? (pictured below)

There are two types of stickers and three options: Daytime (\$90), Nighttime (\$90), and both (\$135).

Parking passes are sold quarterly, and the next quarter runs April-June.

Passes must be purchased in-person at the Admin. Building. (7501 Harrison St.)



Find more information on all current and upcoming Park District of Forest Park programs & events and create your account(s) at <https://bit.ly/AmiliaPDoFP>



# WSSRA



## Spread the fun

### ENRICHING LIVES THROUGH RECREATION

As an extension of the **PARK DISTRICT OF FOREST PARK**, **WSSRA** offers recreational programs for individuals with disabilities of all ages and ability levels who reside in our community.

Programs offered include fitness, art, camps, Special Olympics, social activities, swimming, and excursions.

Participants in WSSRA programs develop skills, make friends, boost self-confidence, explore new places, and have fun.

WSSRA also has a Lekotek family-based toy lending and play program available.

Register for WSSRA's seasonal programs at

**WSSRA.NET**



## IMAGINARIUM SENSORY ROOM

Located at the GEORGE A. LEONI COMPLEX:  
800 N. 17th Ave., Melrose Park, IL



The Imaginarium Sensory Room is a place for children with special needs to enjoy a multi-sensory experience in a calm and relaxing environment.

Schedule your Private Play Session at [WSSRA.Net](http://WSSRA.Net)

## Now Hiring Seasonal Positions!

Hiring starting at age 15!



If you are energetic, creative, passionate and want to make a difference in your career path and the lives of others, you are a great fit for our **TEAM!**

Scan Here to Apply



**West Suburban Special Recreation Association**  
2915 Maple Street Franklin Park, IL 60131  
(847) 455-2100 • [wssra.net](http://wssra.net)





# Take Time for Fun at the Park District of Forest Park!

Stay up-to-date on all PDoFP programs, events, and news by following us on Social Media or visiting our website!



@PDoFP



@PDForestPark



@PDForestPark



@RoosRecCenter



@FPAquaticCenter

[www.PDoFP.org](http://www.PDoFP.org)

Admin. Building: 708-366-7500

Roos Rec Center: 708-866-7667



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